

Appendix 4: Referral pathways

Full list of referral pathways used or suggested by Local Mind partners

Local networks, contacts and word of mouth:

Voluntary support organisations e.g. GAVO, BAVO, PAVO, CAVS etc

Local third sector forums

Organisations that provide wellbeing sessions

Self-referral

Open Days

Local Park Home sites

Social media and Facebook pages

Newspaper articles to advertise

Organisations and charities:

Age Cymru

Age Connect

Help the Aged

Mental Health Matters

A4E (Action for Employment)

Established groups e.g. U3A, Women's Institute, etc

Housing Associations e.g. Valleys 2 Coast, Bron Afon etc

Local Sheltered Housing complexes

Local Health Board

Local colleges and Universities

Communities for Work Triage workers

Mental health and GP referrals:

Community Mental Health team

GP Social Prescribing

Advertising at GP surgeries

Mind Counsellor

Mind projects and groups

Reaching out to marginalised groups:

Domestic abuse charities

Third sector networks

50+ projects and groups

Mens Sheds Cymru

Local allotment groups and societies

Social Services

Community hubs

Stonewall

Race Equality Councils

Diverse Cymru

Carers Organisations