

6.7 Module 3: Emotions (laminated and cut)

Energised

Excited

Frozen

Hostile

Friendly

Intimidated

Cautious

Hopeful

Connected

Anxious

Panicked

Loved

Rage

Disappointed

Happy

Hateful

Lonely

Disheartened

Insecure

Hurt

Frustrated

Depressed

Irritated

Mad

Rebellious

Critical

Thankful

Furious

Stressed

Ecstatic